



Virgin Active and Vitality Active

Get up to 50% off your monthly gym fees

About the Vitality Active gym benefit

Vitality Active is designed for individuals who want to be rewarded for making healthy life choices through the tracking of physical activity and by completing preventive screenings.

Vitality Active members get up to 50% off their monthly gym fees when signing up for a Club membership at Virgin Active health clubs. They get a:

- 50% saving when activating a Club membership at a Virgin Active RED club **OR**
- 25% saving when activating a Club membership at a Virgin Active Club (This excludes Collection clubs).

Who may use this benefit

This Virgin Active offering through the Vitality Active gym benefit is available to the main member, spouse and adult dependants who belong to certain medical schemes administered by Discovery Health (Pty) Ltd. It is also available to members who have a Discovery Life policy or Discovery Flexicare policy.

Activation fee

- As a member who activates their **Vitality Active gym benefit** at a:
 - **Virgin Active RED club**, you will pay a once-off gym activation fee equal to one month's full retail rate (full monthly cost) of your Virgin Active gym contract. You will also receive a monthly saving of 50% of your gym membership fees.

- **Virgin Active club**, you will only pay the joining fee of R99 at Virgin Active. A gym activation fee is not payable. You will also receive a monthly saving of 25% of your gym membership fees.
- Please contact your nearest Virgin Active health club to find out what rate applies to you.
- Pay the **access device (tag) fee of R120 for each person** on your membership who activates the Vitality Active gym benefit. Each person will get their own club access device (tag). The access device (tag) fee depends on annual increases.

How to join a Virgin Active health club as a Vitality Active member

Step 1: Choose a Virgin Active health club

- Visit www.virginactive.co.za or call them on 0860 20 09 11 to find a Virgin Active health club near you. Please contact your chosen Virgin Active health club to find out what rate applies to you.
- The monthly fees vary from club to club, depending on the facility and the products available.

Step 2: You must go to your chosen Virgin Active health club to sign up

- Sign a gym contract at the Virgin Active health club you've chosen.
- If you activate your Vitality Active gym benefit at a Virgin Active RED club, you will pay a once-off gym activation fee equal to one month's full retail rate (the full monthly cost) of the Virgin Active gym contract. This will apply to each eligible member on the Vitality Active membership who wants to activate the Vitality Active gym benefit. You will also pay the club access device (tag) fee for each member. You will receive a monthly saving of 50% of your gym membership fees.
- If you activate your Vitality Active gym benefit at a Virgin Active Club you will only pay a joining fee of R99 and this includes the access device (tag) fee. You will also receive a monthly saving of 25% of your gym membership fees.
- This applies to the main member, spouse and adult dependants on the membership.
- Give the sales consultant your Discovery membership number and proof of identification (use your ID, passport or drivers licence).
- Sign a debit order mandate at Virgin Active and provide your banking details for your monthly gym debit order which will be discounted up to 50% off the public retail rate (full monthly cost).

Scan your access device (tag) each time you go to your health club

- Record your workouts by scanning your access device (tag) each time you work out at the health club to earn Vitality points.
- If the health club cannot scan your access device (tag) for any reason, you must ask to sign the manual register at the reception and show proof of identification (ID, passport or drivers licence). This ensures that your gym workout is recorded.

Earn Vitality fitness points

- Adults can each earn 100 Vitality fitness points for one gym workout a day.
- Adults can earn 50 Vitality fitness points a day by doing a 30 minute online workout.

- To access the online workouts, you will need to visit <https://www.virginactive.coach/> and log in with your MyVirginActive details.
- You can earn up to 1 200 Vitality points a month by completing online workouts and tracking more than 10 000 steps.
- Points for all fitness activities are capped at 30 000 Vitality fitness points a year for each member.
- Vitality points will only be awarded for one fitness activity a day. If you complete two or more fitness activities in one day, then we will award you the higher of the points.
- For your workout to be valid for this benefit, you must exercise for 30 minutes or longer for each visit at your chosen health club.
- To check your points, go to the Vitality Points Tracker on the Vitality app under VITALITY ACTIVE. It will show you how many times you have worked out at the gym.
- Your Vitality fitness points can take up to four days to reflect on your Vitality Points Tracker.
- The main member on the Vitality policy will not have access to their spouse or adult dependants' gym workouts. Each gym member will only have access to their own dashboard.
- All Vitality fitness points you earn at the health club go towards the Vitality fitness points category.

Transfers between health clubs

- You can only change your home club 60 days after the date of activation of your gym contract at Virgin Active.
- If you want to change your chosen health club, you must call Virgin Active on 0860 200 911.
- Virgin Active charges an administration fee for these changes.
- If you change your home club from a Virgin Active RED club to a Virgin Active Club your saving will drop from 50% to 25%.
- If you change your home club from a Virgin Active club to a Virgin Active RED Club your saving will increase from 25% to 50%.

Vitality Active gym members who join Vitality Health

- If you are already a Vitality Active and Virgin Active health club member and then join Vitality Health, you can convert to a Virgin Active Vitality gym benefit. In this case, Vitality will waive the gym activation fee as long as there is no break in your Vitality membership.
- To convert, you will need to complete a new gym application form and activate an eligible gym benefit on your Vitality membership.

How to cancel your gym membership

- You need to request the cancellation of your contract with Virgin Active directly.
- You need to give Virgin Active one month's notice.
- Virgin Active's standard cancellations rules apply.
- There is usually a cancellation fee which is linked to the outstanding balance of a 12-month contract. These details will be in the contract you sign at the health club.
- Your discount will stop at the end of your notice period.
- During the notice period, you may not start a Planet Fitness benefit through Vitality.

- Please note that we cannot freeze or suspend your gym membership for any reason whatsoever.
- If you leave Vitality Active, your Virgin Active membership will continue at the public retail rate (full monthly cost) until such time as you cancel your contract with Virgin Active.
- If you move to another Vitality membership, we will cancel your Vitality Active gym benefit. You will need to complete a new gym application form and activate an eligible gym benefit on your new Vitality Health membership. Vitality will waive the gym activation fee as long as there is no break in Vitality membership.

When this benefit ends

If you are no longer a Vitality Active member, this benefit will no longer apply and you must pay the public retail rate (full monthly cost) to Virgin Active.

Vitality Active Rewards

More information on [how the Vitality Active Rewards benefit works](#).

Acceptance of benefit terms and conditions

By activating the Vitality Active gym benefit, you agree to the limits, terms and conditions set out in this benefit guide.

Third-party consent when activating any Vitality benefit

By activating this benefit, you further consent that Discovery Vitality (Pty) Limited and Virgin Active may share your payment and personal information, gym visitation data as well as transaction data to administer the benefit effectively.

Need help or additional information

If you have any questions or need more information about this benefit, please visit www.discovery.co.za and select **Vitality** or call 0860 99 88 77.

If, for any reason, there is a conflict between rules in this benefit guide and the [Vitality Main Rules](#) – the [Vitality Main Rules](#) will apply at all times.

Keep up to date with the latest news from Vitality:

- [Download the Discovery app](#).
- Follow Discovery Vitality on [Facebook](#), [Twitter](#) and [YouTube](#).
- [Ask Discovery on WhatsApp](#).

Specific limits, terms and conditions apply to each benefit and may be subject to change. We will inform you when we make product or benefit changes.

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